



Thank you for choosing me to help you enjoy making music.

I'm so happy you're thinking of buying my ebook.

Please kindly read the below guidelines, which will help us to work together easily and enjoyably.

If you have any questions, please let me know and I'll be happy to help.

Rosie Bradford, Founder, Happy in Harmony Music, August 2024

How long after purchase will I receive my ebook?

You will receive your ebook by email within 48 hours of purchase. If for any reason you don't, please contact me and I will get it to you as quickly as possible.

Communication

The best way to contact me if you have any questions or would like some help is by email.

Please note that I don't have Facebook Messenger or Instagram on my phone, so I will only check these periodically.

Support

If you have any technical challenges opening the book, please contact me.

Refunds

Because the ebook is a digital product, refunds will generally not be offered in accordance with UK law.

Please refer to the Your Learning Journey section of this document for guidance on communicating with me during your sessions to help keep them a positive experience for everyone.

Refund requests are considered on a case by case basis, and must be received within 14 days of purchase.

Your Learning Journey

Learning anything new comes with challenges. In my book, I help you navigate them with kindness, and a sense of humour. I encourage a growth mindset (which means rather than say you can't do it, try saying 'I can't do it yet!')

I try to give the right amount of stretch to ensure you make progress, without you becoming overwhelmed.

From time to time, something may feel too challenging, or you might have a particularly full brain one day, and it may be a stretch too far.

It's OK- you can always take a step back, or sideways, or skip something completely. Everyone is different. Though feeling frustrated from time to time can be a normal part of the learning process, it is part of my role to help you keep that a temporary feeling.

So if you do find that there is anything you are not enjoying about following along with the book, try moving onto another section or having a break, because there's always another way of doing things, and you can contact me for support if you need it.

Practice

The best results are achieved with effective, regular practice.

This includes personal practice, group activities (such as bands or choirs) and listening to lots of different styles of music.

Regular practice will help you make progress and stay motivated, even if it's only 5 minutes most days.

I recommend that you sign up to my free newsletter for musical tips and resources to support your learning and help you stay motivated. You can sign up on my website homepage www.happyinharmoniymusic.co.uk

My Neurodiversity

Like many professional musicians, I live my life on the autistic spectrum, so the book includes some insights from this perspective.

Thank you for making music with me. I'm so grateful to work with such a fabulous community of musicians.

Rosie Bradford, Founder, Happy in Harmony Music, August 2024